

Child Development Assessment and Therapies, LLC



Infant—13 to 18 months

Task	Yes	No
Gross Motor Skills		
My baby pulls himself to a standing position.		
My baby stands holding on to something.		
My baby takes a few steps while holding on to something.		
My baby takes a step or two independently.		
My baby can get from the floor to a standing position without pulling up.		
My baby is beginning to walk up steps with help.		
My baby tries to get out of confined spaces on her own (e.g., crib).		
Fine Motor Skills		
My baby drinks from a sippy cup independently.		
My baby demonstrates a neat pincer (thumb and forefinger) grasp on each hand.		
My baby can feed herself finger foods.		
My baby holds a spoon or fork, but prefers eating with fingers.		
My baby points to things he wants and vocalizes.		
My baby points to pictures in a book.		
My baby can stack 3 blocks.		
My baby is beginning to use real objects for real purposes (wipe table when handed a cloth).		
Social/Emotional Skills		
My baby babbles strings of sounds to get attention.		
My baby hands me a block when I ask for it.		
My baby is beginning to show a temper more frequently than she used to.		
My baby recovers after needs are met.		
My baby smiles and looks at me to let me know he's happy.		
My baby reaches for me and cries when upset.		
My baby giggles or laughs at funny things.		
My baby shows excitement when a familiar person interacts with them.		
My baby shows signs of being OK around strangers if I demonstrate that I'm ok around strangers.		
Speech/Language Skills		
My baby points and tries to say when he wants something.		
My baby can focus on a book with pictures in it and point to pictures when named.		

Child Development Assessment and Therapies, LLC



Task	Yes	No
My baby has a word or two that I understand.		
My baby strings sounds together during play.		
My baby says mama/dada specifically for a parent and has specific words for other familiar people.		
My baby can follow a one-step direction like "Go get the ball."		
My baby can follow a two-step direction like "Go get the ball and bring it to me." (18 months)		
Cognitive Skills		
My baby wakes from sleep and lets me know he's awake w/o crying.		
My baby plays and naps on a regular schedule.		
My baby takes 1-2 naps during the day.		
My baby wakes no more than 1 time a night.		
My baby can put a block into a cup and take it out on command.		
My baby can stack 2-4 blocks, but is more interested in knocking stacks of blocks over.		
My baby can complete a shape sorting puzzle.		
My baby actively explores his environment picking up and looking at objects.		
My baby imitates animal sounds.		
My baby tries to imitate gestural activities (e.g., Itsy Bitsy Spider).		

If you answered "No" to 10 or more of these questions, you may want to consider an assessment.