

*Child Development Assessment  
and Therapies, LLC*



Infant—9 to 12 months

Task	Yes	No
<b>Gross Motor Skills</b>		
My baby can get to a sitting position by herself.		
My baby can get out of a sitting position by himself.		
My baby gets on hands and knees.		
My baby is crawling.		
My baby tries to pull to stand.		
My baby stands holding on to something.		
My baby takes a few steps while holding on to something.		
<b>Fine Motor Skills</b>		
My baby reaches for toys while sitting or standing holding on.		
My baby puts toys in his mouth after looking at them.		
My baby can put a toy in one hand and switch to the other.		
My baby picks up small items using only forefinger and thumb.		
My baby holds her own bottle or cup and moves it to the side to look at things w/o taking it out of his mouth.		
My baby can feed herself finger foods.		
My baby points to things.		
<b>Social/Emotional Skills</b>		
My baby vocalizes to get attention.		
My baby offers to give me toys, but doesn't release it into my hand.		
When I smile my baby smiles back.		
My baby can focus on a book with pictures in it and point to pictures when named.		
My baby giggles or laughs at funny things.		
My baby shows excitement when a familiar person interacts with them.		
My baby shows signs of being uncomfortable around strangers.		
<b>Speech/Language Skills</b>		
My baby points and babbles when he wants something.		
My baby is beginning to show a temper.		
My baby quickly recovers after needs are met.		
My baby babbles during play and says mama/dada specifically for a parent.		
My baby has at least one protoword like /ba/ for ball.		

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Task	Yes	No
<b>Cognitive Skills</b>		
My baby wakes from sleep and lets me know he's awake w/o crying.		
My baby plays and naps on a regular schedule.		
My baby takes 2 naps during the day.		
My baby wakes no more than 1 time a night.		
My baby can put a block into a cup and take it out on command.		
My baby can stack 2-4 blocks, but is more interested in knocking stacks of blocks over.		

If you answered "No" to 8 or more of these questions, you may want to consider an assessment.