

*Child Development Assessment  
and Therapies, LLC*



Infant—5 to 8 months

Task	Yes	No
<b>Gross Motor Skills</b>		
My baby rolls over from front to back.		
My baby rolls over from back to front.		
My baby kicks while lying on his back and sometimes grabs his toes.		
When on his/her tummy, my baby can lift his/her head to look around.		
While on tummy, my baby can push chest off floor using arms.		
My baby holds her head steady when upright on a shoulder.		
My baby's back is straight when in sitting position.		
My baby can get to a sitting position by herself.		
My baby can get out of a sitting position by himself.		
My baby is starting to crawl.		
<b>Fine Motor Skills</b>		
My baby reaches for toys while lying on his back.		
My baby puts toys in his mouth after looking at them.		
My baby can put a toy in one hand and switch to the other.		
When sitting, my baby reaches forward and off to the side for toys.		
My baby holds her own bottle, or pats breast while eating.		
My baby looks around while eating and doesn't let go of bottle or breast.		
<b>Social/Emotional Skills</b>		
My baby's eyes follow a person as they walk across the room in front of them.		
My baby looks at my eyes when being held face to face.		
When I smile my baby smiles back.		
My baby can focus on a book with pictures in it.		
My baby giggles or laughs at funny things.		
My baby shows excitement when a familiar person interacts with them.		
<b>Speech/Language Skills</b>		
My baby cries when he needs something.		
My baby has different cries for different needs.		
My baby quickly recovers after needs are met.		
My baby babbles during play.		
My baby babbles in response to being talked to.		
My baby stops making sound when I talk.		

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Task	Yes	No
<b>Cognitive Skills</b>		
My baby wakes from sleep and lets me know he's awake w/o crying.		
My baby plays and naps on a regular schedule.		
My baby takes 2 naps during the day.		
My baby wakes no more than 1- 2 times a night.		
My baby can put a block into a cup.		
My baby can stack 2 blocks.		

If you answered "No" to 9 or more of these questions, you may want to consider an assessment.