

# *Child Development Assessment and Therapies, LLC*



## Infant—Birth to 4 months

Task	Yes	No
<b>Gross Motor Skills</b>		
My baby yawns and stretches, then pulls his/her body back to position with arms and legs close to the body.		
My baby curls up in my arms when held.		
Sometimes my baby kicks spontaneously.		
When on his/her tummy, my baby can turn his/her head from side to side.		
My baby tries to lift her head when upright on a shoulder.		
My baby tries to roll over.		
<b>Fine Motor Skills</b>		
My baby will follow a bright object from side to side when it is held approximately 10 inches away.		
My baby looks at me when I'm feeding him/her.		
My baby's hands are fisted most of the time, but sometimes open.		
<b>Social/Emotional Skills</b>		
My baby looks at my eyes when being held face-to-face.		
When I smile, my baby smiles back.		
When I make an open vowel sound, my baby mimics it.		
When I stick out my tongue, my baby mimics it.		
My baby shows excitement at the presentation of bottle or breast.		
<b>Speech/Language Skills</b>		
My baby latched on to breast or bottle easily.		
My baby cries when he needs something.		
My baby has different cries for different needs.		
My baby quickly recovers after needs are met.		
<b>Cognitive Skills</b>		
My baby wakes from sleep quietly cooing.		
My baby plays and naps on a regular schedule.		
My baby wakes no more than 2 times a night.		

If you answered "No" to five or more of these questions, you may want to consider an assessment.